

If you would like more information and support on  
our Lifeline service visit **[cats.org.uk/cp-lifeline](https://cats.org.uk/cp-lifeline)**  
or email **[lifeline@cats.org.uk](mailto:lifeline@cats.org.uk)**

For information and support on domestic abuse,  
contact the free 24-hour National Domestic Abuse  
Helpline on 0808 2000 247.

Fundraising  
in aid of

